



The Magic of the AromaTouch Technique

How was the AromaTouch Technique created?

How did Brooke get involved with the AromaTouch Technique?

Which eight essential oils are used in the full AromaTouch Technique?

Which blends did Brooke recommend for the AromaTouch Hand Technique?

What resources does dōTERRA have for you to learn and share the AromaTouch Technique?
